

# Salt Spring Food Share

Sharing Food, Growing Community



## Get involved!



### Weekly Food Exchange

From July through October, come to The Root every Sunday from 3-4pm, to exchange home-grown and home-made foods. Share your abundance and be part of the growing community!

### Fruit Harvests

Join us if you want to help harvest - or volunteer your trees for us to harvest. Harvests are shared between volunteers, land holders and community partners, like the Food Bank.

### Produce Donation Drop-off

Support Salt Spring's food security by donating your excess fresh garden produce at the Sunday Food Exchange, or Mondays from 12-1pm and Tuesdays from 6-7pm at The Root. We distribute donated food to our community partners.

[www.ssifarmlandtrust.org/foodshare](http://www.ssifarmlandtrust.org/foodshare)

[info@saltspringfoodshare.ca](mailto:info@saltspringfoodshare.ca)



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COMMUNITY ENDOWMENT



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CONNECTING PEOPLE WHO CARE WITH CAUSES THAT MATTER®